

April 2019

Let's Connect! Technology makes it easier



Hi!

It seems like every time I turn around there is some new technology that my staff or my family is telling me I need to use. Waze, Google Photos, What's App - to name a few.

I always say, "Let's do it!"

One of my patient, knowledgeable kids, grandkids, or staff will show me the ropes and, before I know it, I'm finding my way more easily around town, storing my photos safely, and communicating quickly with my peeps.

My favorite technology has to be **Skyping or Facetime** because they allow me to talk with you and the women in your study groups face to face. I can't tell you how blessed I've been by getting to know you and the women in your group, hearing the stories, and talking about the daily challenges and joys we all face.

Have you scheduled a Skype or Facetime connection opportunity? Maybe you've done it with a group in the past, but not the current one. I'd love to connect!

My other favorite technology? **Blogging, podcasts, and Facebook Video.** Some people like to get their information through reading, some through listening, and some through a video. We've got everybody covered! Be sure to share with your newcomers to sign up also!

In each of these outlets I draw from what's happening in my life and what God is teaching me. As I share more personally, you'll learn about my failures, struggles, and occasional victories! And I always pass along tried and true principles for life. You'll hear and read something different in each medium.

I hope you'll listen, read, or watch and give me feedback! I always want to improve on what I'm doing.

Susan

P.S. **Facebook Live** is coming soon! On the [Just Moved Facebook](#) page and on the [On the Move \(ABAU leaders\) Facebook group page](#) I'll be offering scheduled, live interactions! Oh, and let Paulette or JoAnn know if you need help with using any of this technology.

Susan Miller Answers Your Questions



Question: I have a man who wants to attend the class. He is new to the area and I'm not sure how to respond to him. I have told him this study is geared to women, but I am concerned he will show up the first night of class. HELP!

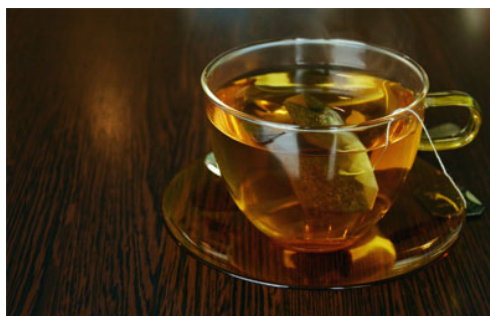
Susan: Say the following to him: "Thank you for your interest in our group! As much as we would like to encourage you in your recent move, this study is a place for women to share openly and freely and the presence of a man changes the dynamic of the discussion. Please consider buying the book we use, *After the Boxes are Unpacked*, for help with your move. I'm happy to give you the name and contact information for our church's Men's Ministry (or a leader in Men's Ministry)."

Email your question for Susan to PauletteMiller@JustMoved.org,

Leader Tip for Session 2: Looking Back; Cherish or Cling?

Carol, the leader from Highlands Church in Scottsdale, AZ, gives each woman a tea bag with this poem on the back:

Since we cannot sit and chat
the way we used to do,
just brew a cup of tea
and I will make one too.
And as we share our tea together,
though distance separates us still,
we'll call to mind the fun we had
and then our hearts will fill.



The idea is to send the tea bag to a friend she left behind. She can't send it 'back home' because HOME is where she is living NOW. This can encourage the women in your study to gently let go of friends, family, and things in the past while clinging to God for what lies ahead.

Thanks, Carol, for sharing with us. Please email your tips to [JoAnn](#) or [Paulette](#) so they can be shared with other leaders!

April 2019 After the Boxes Group Spotlight!



Fort Hood, TX. Sara Pak, Group Leader

I love getting together with these ladies every week! They are transparent, vulnerable, and honest as they share their deepest fears and struggles. Great releasing is happening, starting with recognizing how much forgiveness needs to happen to how much we need to trust God.... and everything in between!

We wrapped up session four today. My original plan was to write all the negative emotions and names of people they needed to forgive on the balloons and release them outside, but my husband reminded me that it might shut down the post (due to helicopters flying for training among other things). HAHA. Oops.. 😊. So we decided to rip up the papers instead and leave them at the cross, literally! I gave each woman a balloon so she could release the balloon on her own.

God reminded me, as I was preparing for the lesson, the greatest exchange that ever took place was on the cross!!! We need to look to the cross of

Jesus and let go daily!

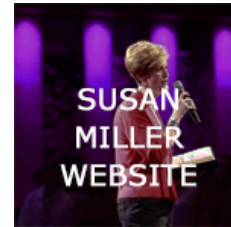
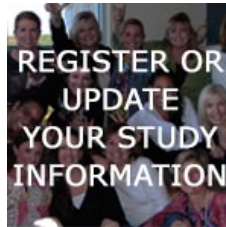
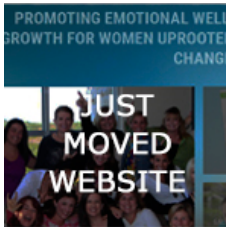
We want to celebrate you and your study! Send a photo of your study group and a few words about your group to [JoAnn](#) or [Paulette](#). *After the Boxes* groups LOVE being featured on our [website](#) and on social media.

Cheering you on,
Paulette & JoAnn
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