

Plus, ideas to spark conversation and connection in your study group!



September 2020

Online study groups are off to a great start!

Many ABAU study groups are making the move to offer their study online. The feedback from these groups is positive and encouraging!



Traci says, "I think what surprised me the most in my first session was just how quickly the ladies clicked! I was concerned that it would feel sterile without much of a "human touch." I couldn't have been more wrong! We weren't talking over each other, everyone seemed comfortable, and everyone seemed to gain encouragement."

Your *After the Boxes Are Unpacked* study is needed now, more than ever, Paulette. Women who have relocated to your community are telling us that the task of making friends, getting connected, and adjusting to their move is made harder because of the pandemic. Discouragement is hitting them hard.

Vicky told us, "[Our online meeting] was very comfortable, they were chatting between themselves when I left zoom, but left it open for them. They were setting up a time to talk the next day. It was very warm and interactive.

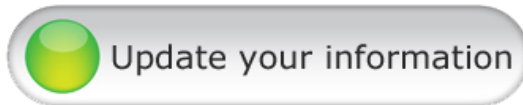
If your church is not offering Bible studies in person, consider offering the study online. We make it easy for you:

- Books and resources can be ordered [online](#) by each woman in your group at a discounted price. Give us a call [480.991.5268](tel:480.991.5268) to receive a code to order the After the Boxes book at a discount to give to each woman.
- Our [14-page Online Study Group Facilitator Guidelines](#) takes the guesswork out of planning, implementing, and facilitating.
- Let Susan Miller do the teaching through our [video sessions](#)! Each session can be rented and viewed online. All you do is facilitate discussion.

Paulette, if you have questions or feel unsure about the technology, we are here to help! Give us a call [480.991.5268](tel:480.991.5268) or send Paulette an email, paulettemiller@justmoved.org. We are eager to chat with you!

JoAnn and Paulette

Your *After the Boxes* Support Team



Paulette, to provide the most accurate information to every newcomer who contacts us or visits JustMoved.org,

it's important that you update or register your After the Boxes study with us! Take a look at your group information at JustMoved.org. Is your study listed there? Does it have the correct contact person, email address, and phone number? **Even if you are not offering the study this Fall or your church is not meeting right now, you could be an encouraging lifeline to a newcomer in your area. It's important that we pass on accurate information to women who contact us.** Go to [update/register online](#) (feel free to leave a Comment!) or call JoAnn or Paulette at [480.991.5268](tel:480.991.5268).

Ideas for connecting with members of your study group



- Create a "**Reach-Out Team**" from members of your previous study groups. Have a Zoom team meeting and brain storm ways the team can reach out to newcomers to provide connection and a sense of community. Ideas: email newcomers, mail encouraging notes, drop off a special little gift on their doorstep.
- Set up a **private Facebook page** so your women can share with each other and communicate prayer requests.
- Share mailing and email addresses and encourage the women to **send each other encouraging notes**.

Paulette, tell us your ideas for connecting with newcomers. Email [JoAnn](#) or [Paulette](#) so we can share with other group leaders.

Leader Tip: Questions to spark conversation



When you're waiting for everyone to join the online meeting, here are a few questions you can ask to put everyone at ease and get conversations going.

- What's for dinner tonight?
- What TV shows have you been binge-watching?
- What's one thing you're eager to do once the exposure risk has passed?
- What new hobbies are you exploring?
- I'm really tired of _____?

[Susan Miller's latest podcast: Expert advice for moms](#)

Susan is joined by parent coach, Sandi Rae. For more than 25 years, Sandi has been guiding parents with techniques to calm their anxious children. Share this link with the moms you know. <https://justmoved.org/anxious-child/>



September *After the Boxes* Study Group Spotlight

Williamsburg Community Chapel, Williamsburg, VA

Group Leader: Jackie Spiegel

"We graduated this wonderful group of women (3 were absent) and then celebrated afterwards at a luncheon in my home."



Email [Paulette](#) or [JoAnn](#) your fun photo (even on Zoom) of your newcomers to be submitted for a future [Group Spotlight](#).

Cheering you on,
Paulette & JoAnn

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Just Moved Ministry

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This message was sent to paulettemiller@justmoved.org from paulettemiller@justmoved.org

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